



SUMMER SELF-CARE

The powerful combination of fitness coach-led personal training and massage featuring Icoone technology for body shaping and skin improvement

FIRST TOUCH — 15 000 rubles

- ~ Personal training with a fitness coach (60 mins)
- ~ Icoone hardware body massage (60 mins)

SUMMER PROGRAM — 144 800 rubles

- ~ 10 personal training sessions with a fitness coach (60 mins)
- ~ 10 Icoone hardware body massages (60 mins)



MANDARA SPA

Only until July 31.